

# *Lenten Reflections*

*Submitted by Sr. Mary Rita*

**Ash Wednesday was celebrated on Wednesday march 9th. Here is a Lenten Reflection that we think you may enjoy.**

## **Ash Wednesday**

"If the goal of Lent is to draw us closer to God – to return to God with all our heart – then the real invitation of the season is to allow life to become its own Lenten discipline; to learn to seek God not only in the things we choose, but especially in the things we do not choose. Lent is not an endurance test to be won or lost; it is preparation for the joy of Easter and for the other 46 weeks of the year. Lent is meant to open us to God, to soften us where we are rigid and strengthen us where we are weak, to leave us better than it found us.

...What if we regarded the ordinary difficulties of each day not as distractions but as invitations? Could we see what each moment is asking of us? How might God be speaking to us through the lost keys, the broken dream, the sleepless night, and the aching joints? What can we learn, how might we grow, even now, through the things that catch us by surprise? How can we learn to live the Lent we get?" (Christine Marie Eberle, adapted)

"Even now, says our God, return to me with all your heart." (Joel: 2:12)

Blessings during this Lenten season, Peace.



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